



## PRESS RELEASE

Tiffany Kosartes, Marketing & Communications Specialist

1925 Ohio Street, Lisle, IL 60532 | (630) 353-4309

[LisleParkDistrict.org/PressRelease](http://LisleParkDistrict.org/PressRelease) | [tkosartes@lisleparkdistrict.org](mailto:tkosartes@lisleparkdistrict.org)

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### Find Support at the DuPage Memory Café

**Photo: [The DuPage Memory Café is held the second Thursday of each month at the Lisle Recreation Center](#)**

Lisle, IL – September is World Alzheimer’s Month, an international campaign started in 2012 to raise awareness and challenge the stigma that surrounds dementia. On Thursday, September 14, from 10:30-11:30am, the DuPage Memory Café will be creating a fun, fall craft with participants with memory loss and their caregivers.

Alzheimer’s disease is the 6<sup>th</sup> leading cause of death in the United States. An estimated 5.5 million Americans are living with Alzheimer’s, and this number is expected to rise to as high as almost 16 million by 2050\*. That is why the Lisle Park District has partnered with Comfort Keepers in Wood Dale and Elderwerks to form the DuPage Memory Café, a place where individuals with memory loss and their caregivers can get together in a supportive and engaging environment at no cost. The neighborhood Memory Café encourages friendship and acceptance with a new activity each month to entertain and engage participants and cultivate a welcoming, safe atmosphere. This recurring program is usually held on the second Thursday of the month in the Lisle Recreation Center, 1925 Ohio Street in Lisle. To reserve a space and learn more about the program’s activities, please call the Lisle Park District Senior Center at 630-969-0992, which is open Monday-Friday from 8:30am-4:00pm.

In addition, on Sunday, September 17, the Lisle Park District will be participating in the *Walk to End Alzheimer’s* at North Central College, 440 South Brainard Street in Naperville. If you’d like to join their team, visit [alz.org/walk](http://alz.org/walk) and enter the name ‘Lisle Park District.’ There are 2 courses, 1 mile and 3 miles, both through the beautiful neighborhood surrounding North Central College in Naperville. You can also choose not to walk and simply attend the rally beforehand. With approximately 220,000 people suffering from Alzheimer’s in Illinois\*, please consider helping raise awareness for Alzheimer’s disease, whether it is by walking, volunteering or just spreading the word about this cause.

The Lisle Park District provides a variety of leisure activities for people of all ages throughout the year. Park district facilities include Lisle Community Park; the Recreation Center which houses Gentle Learning Preschool, SEASPAR, the Senior Center, and multipurpose rooms; Sea Lion Aquatic Park; River Bend Golf Course; Wheatstack – A Midwestern Eatery & Tap and numerous neighborhood playgrounds and parks offering amenities such as tennis courts, ball fields, walking paths and picnic areas totaling close to 400 acres. It is the mission of the Lisle Park District to enrich the quality of life for people of all ages by providing constructive and creative leisure opportunities. For more information about the Lisle Park District, please call 630-964-3410 or visit [lisleparkdistrict.org](http://lisleparkdistrict.org).

\*Alzheimer’s Association [alz.org](http://alz.org)